



Pamela Druckerman

AUTHOR · JOURNALIST

Journalist and International New York Times Contributing Opinion Writer



VISIT PAMELA'S WEBSITE

About:

- **Gender:** Female
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

Engagement Types:

- Speaking

Topics:

- Change Management
- Growth Strategy
- Personal Development

Websites:

- [Website](#)

Biography Highlights

- International Bestselling Author of 'Bringing Up Bébé'
- Contributor to Financial Times, The Economist, and The New York Times

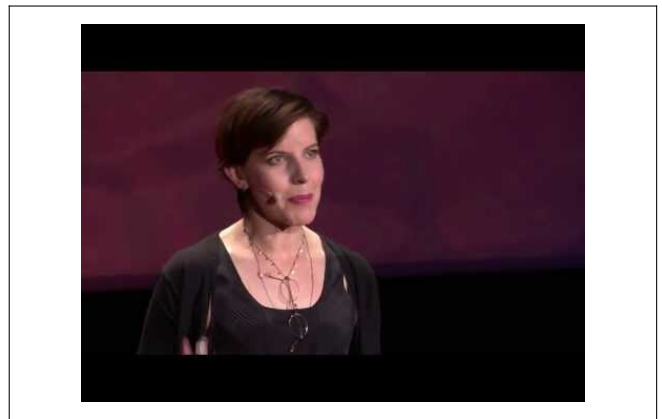
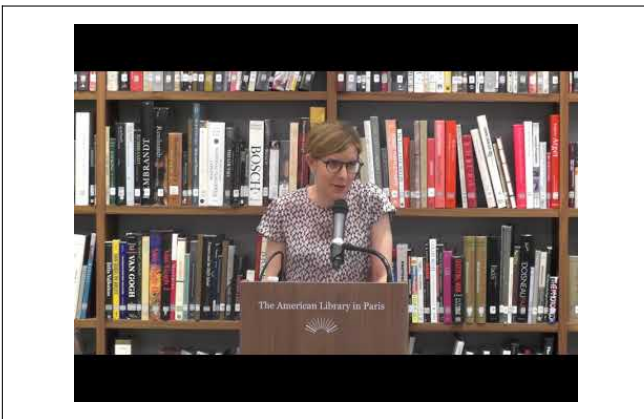
Biography

Pamela Druckerman is an American journalist and author of the international bestseller *Bringing Up Bébé: One American Mother Discovers the Wisdom of French Parenting* (known in the U.K. as *French Children Don't Throw Food*). It's an unconventional parenting guide that mixes anthropology, journalism, and memoir, with dashes of history and humor. The book has been (or is being) translated into 21 languages.

Pamela is also a Contributing Opinion Writer for the International New York Times. Her op-eds and articles have appeared in the Washington Post, The Guardian, the Financial Times, New York Magazine, Marie Claire, Vanity Fair France, and elsewhere. Her work has been featured on Good Morning America, The TODAY Show, National Public Radio, BBC Women's Hour, and Oprah.com, among many other news outlets. From 1997 to 2002 she was a staff reporter at The Wall Street Journal, based in Buenos Aires, São Paulo, and New York.

Pamela speaks regularly to audiences in Europe and the United States. She holds a B.A. in philosophy from Colgate University, a Master of International Affairs from Columbia University, and has trained in improvisational comedy at the Upright Citizens Brigade. She lives in Paris.

Videos



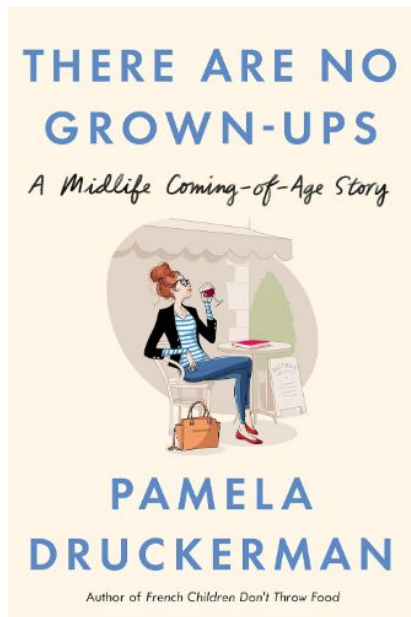
Pamela's Topics

Bringing Up Bébé

When American journalist Pamela Druckerman had a baby in Paris, she didn't aspire to become a "French parent." French parenting wasn't a known thing, like French fashion or French cheese. Even French parents themselves insisted they aren't doing anything special. Yet, the French children Druckerman knew sleep through the night at two or three months old while those of her American friends take a year or more. French kids eat well-rounded meals that are more likely to include braised leeks than chicken nuggets. And while her American friends spent their visits resolving spats between their kids, her French friends sipped coffee while the kids played. Druckerman successfully learned the secrets to raising a society of good little sleepers, gourmet eaters, and reasonably relaxed parents. She discovered that French parents are extremely strict about some things and strikingly permissive about others. And she realized that to be a different kind of parent, you don't just need a different parenting philosophy. You need a very different view of what a child actually is. Druckerman shares the secret behind France's astonishingly well-behaved children and the story of her discovery process and the lessons she has learned as an American parent in France

Available: In person, Virtually

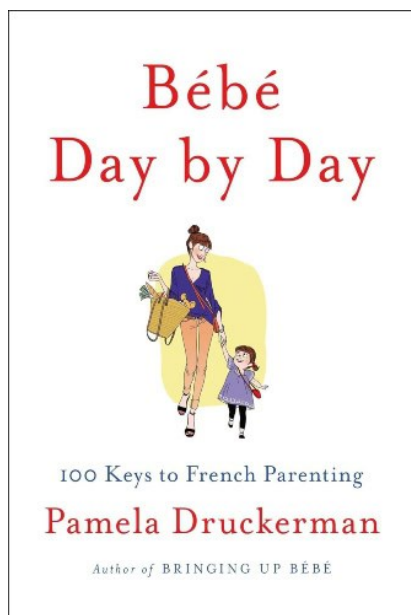
Books



There Are No Grown-ups: A Midlife Coming-of-Age Story

MUCH RAVED ABOUT BY CHRIS EVANS ON HIS BBC RADIO 2 BREAKFAST SHOW AUTHOR OF THE NO.1 BESTSELLER FRENCH CHILDREN DON'T THROW FOOD REVEALS THE THINGS IT TOOK HER FORTY YEARS TO LEARN: There are no grown-ups. Everyone else is winging it too. Does it ever feel like everyone - except you - is a bona-fide adult? Do you wonder how real grown-ups get to be so mysteriously capable and wise? When she turns 40, Pamela Druckerman wonders whether her mind will ever catch up with her face. With frank personal stories and witty maxims, Druckerman hilariously navigates the unexplored zone between young and not-so-young. There Are No Grown-Ups is a midlife coming-of-age story, a quest for wisdom, self-knowledge and the right pair of pants. It's a book for readers of all ages about - finally - becoming yourself. You know you're in your forties when... · You become impatient while scrolling down to your year of birth. · Your parents have stopped trying to change you. · You don't want to be with the cool people anymore; you want to be with your people. · You know that 'Soul mate' isn't a pre-existing condition. It's earned over time. · You know there are no grown-ups. Everyone is winging it, some just do it more confidently.

BUY THE BOOK



Bébé Day by Day: 100 Keys to French Parenting

À la carte wisdom from the international bestseller Bringing up Bébé In BRINGING UP BÉBÉ, journalist and mother Pamela Druckerman investigated a society of good sleepers, gourmet eaters, and mostly calm parents. She set out to learn how the French achieve all this, while telling the story of her own young family in Paris. BÉBÉ DAY BY DAY distills the lessons of BRINGING UP BÉBÉ into an easy-to-read guide for parents and caregivers. How do you teach your child patience? How do you get him to like broccoli? How do you encourage your baby to sleep through the night? How can you have a child and still have a life? Alongside these time-tested lessons of French parenting are favorite recipes straight from the menus of the Parisian crèche and winsome drawings by acclaimed French illustrator Margaux Motin. Witty, pithy and brimming with common sense, BÉBÉ DAY BY DAY offers a mix of practical tips and guiding principles, to help parents find their own way.

BUY THE BOOK



Bringing Up Bébé: One American Mother Discovers the Wisdom of French Parenting

The runaway New York Times bestseller that shows American parents the secrets behind France's amazingly well-behaved children. *This edition also includes *Bébé Day by Day: 100 Keys to French Parenting* "On questions of how to live, the French never disappoint. . . . Maybe it all starts with childhood. That is the conclusion that readers may draw from *Bringing Up Bébé*." --The Wall Street Journal "I've been a parent now for more than eight years, and--confession--I've never actually made it all the way through a parenting book. But I found *Bringing Up Bébé* to be irresistible." --Slate When American journalist Pamela Druckerman had a baby in Paris, she didn't aspire to become a "French parent." But she noticed that French children slept through the night by two or three months old. They ate braised leeks. They played by themselves while their parents sipped coffee. And yet French kids were still boisterous, curious, and creative. Why? How? With a notebook stashed in her diaper bag, Druckerman set out to investigate--and wound up sparking a national debate on parenting. Researched over three years and written in her warm, funny voice, *Bringing Up Bébé* is deeply wise, charmingly told, and destined to become a classic resource for American parents.

[BUY THE BOOK](#)

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Pamela Druckerman is available to book via these agencies

✔ Recommended



Speaking Agency