



## Nicole DuBois

AUTHOR · INFLUENCER

Empowering Voices, Elevating HR, Shaping Tomorrow



VISIT NICOLE'S WEBSITE

### About:

- **Gender:** Female
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

### Engagement Types:

- Panel Participation
- Speaking
- Training and Workshops

### Topics:

- Employee Experience
- Employee Wellbeing
- Leadership & Management
- Personal Development

## Biography Highlights

- Top 100 HR Professional (2021, 2022, 2023, 2025)
- Connector Award (2024), awarded by the New Jersey Human Resources Council
- Joint Legislative Commendation, presented by the State of New Jersey in recognition of the Connector Award

## Biography

### Nicole DuBois: Chief Human Resources Officer, Graham Windham

With 19 years of dedicated service at Graham, Nicole M. DuBois has been instrumental in shaping the organization's human resources strategy. As the Chief Human Resources Officer (CHRO), Nicole leads the overall HR strategy, talent acquisition, learning and development, compensation and benefits, HR operations and technology, employee relations, internships, volunteerism, and employee engagement and experience initiatives.

Under Nicole's leadership, Graham Windham has seen significant advancements in employee feedback and performance management, innovative compensation, benefits, and wellness programming, and

## Websites:

- [Website](#)

diversified approaches to learning and development, including the incorporation of professional coaching as a key element. Nicole is passionate about amplifying the voices of diverse and underrepresented individuals and communities and serves as a brand ambassador for organizations like Graham, which catalyze long-lasting impact.

Nicole is also the author of a memoir (originally published under a pseudonym, Danielle M. Bryan), *Unparalyzed: Beating an Invisible Pre-midlife Crisis*, which is a deeply personal memoir about grit and the refusal to give up in the face of adversity and difficult circumstances. Inspired by the late Toni Morrison, Nicole wrote this book to help readers see themselves in another woman whose experiences were similar—a 30-something divorced, professional woman of color with an invisible and incurable chronic illness and insatiable determination. The memoir aims to accompany similarly situated women as they navigate their own journeys and live a big, colorful life that their children can be proud of and inspired by.

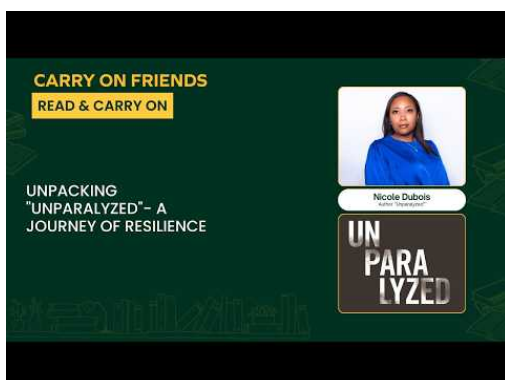
Nicole earned a bachelor's degree in psychology and urban studies from Fordham University and a master's degree in Mental Health Counseling from New York University. Recognized for her contributions to the field, Nicole has been named a Top 100 Human Resources Professional by a community of peers several years, including this past April for 2025.

An avid international traveler, Nicole has explored diverse cultures and destinations, including the Bahamas, the Cayman Islands, Dominican Republic, France, Greece, Indonesia, Jamaica, Belize, Canada, Mexico, Morocco, South Africa, Turkey, Italy, England, Switzerland, Belgium, Germany, Austria, Portugal, and Spain. This global perspective enriches Nicole's approach to human resources, bringing a unique blend of cultural awareness and innovative thinking to the table.

Nicole is a native to New York City and presently resides in New Jersey with her husband and sons.

---

## Videos



---

## Nicole's Topics

### **Choosing Myself: The Most Powerful Leadership Decision Women Can Make**

In this inspiring and candid talk, Nicole DuBois shares her personal journey of stepping into authentic leadership by making the courageous choice to “choose herself.” Drawing from her own experiences of overcoming self-doubt, navigating societal expectations, and embracing radical self-honesty, Nicole challenges the traditional narrative that leaders must always be self-sacrificing and stoic. Instead, she reveals how vulnerability, self-acceptance, and the willingness to walk away from roles that no longer serve us can unlock our greatest leadership potential.

Attendees will learn practical strategies for reclaiming their voice, leading with integrity, and building resilience-empowering women leaders to redefine success on their own terms and create lasting impact through authenticity.

**Available:** In person, Virtually

### **Authentic Leadership**

**Available:** In person, Virtually

### **Multigenerational Workforces**

**Available:** In person, Virtually

### **Non-linear Career Journeys**

**Available:** In person, Virtually

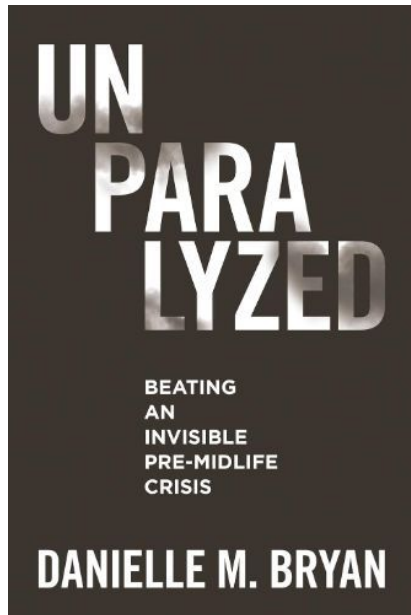
### **What Chronic Illness and Major Life Events Can Teach Us About Leadership**

**Available:** In person, Virtually

### **Coaching/Mentoring/Networking**

**Available:** In person, Virtually

## Books



### Unparalyzed: Beating an Invisible Pre-Midlife Crisis

Unparalyzed is a deeply personal memoir about grit. It is about refusal to give up. To allow adversity and difficult circumstances to win. But victory is one of its lessons too. It is the book that the late Toni Morrison inspired me to write. The book I wanted to read so I could see myself in another woman whose experiences were like my own. A 30-something divorced, professional woman of color with an invisible and incurable chronic illness and insatiable determination. To accompany similarly situated women as they stumble along the paths of their own journeys and to live the type of big colorful life that her son will be proud of and inspired by. It was a book that was not yet written and so, I wrote it.

[BUY THE BOOK](#)

## Speaker Bureaus And Talent Agencies

Nicole DuBois is available to book via these agencies

✔ **Recommended**



Speaking Agency