



Nathan Chen

OLYMPIC ATHLETE

2022 Olympic Gold Medalist



About:

- **Gender:** Male
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

Engagement Types:

- Speaking

Topics:

- Motivation and Inspiration
- Personal Development
- Team Leadership

Biography Highlights

- Three-Time World Figure Skating Champion
- First Asian American Male Skater to Win U.S., World and Olympic Titles

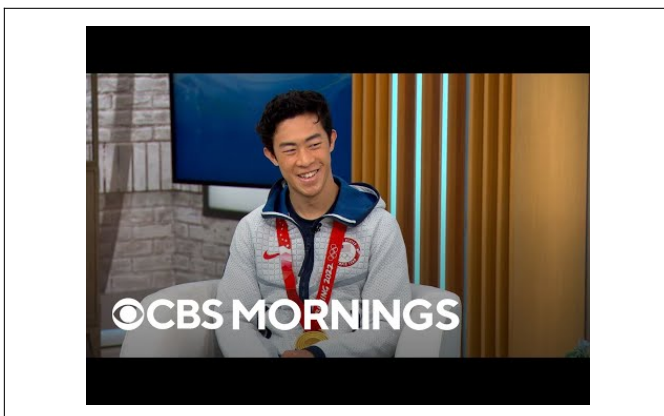
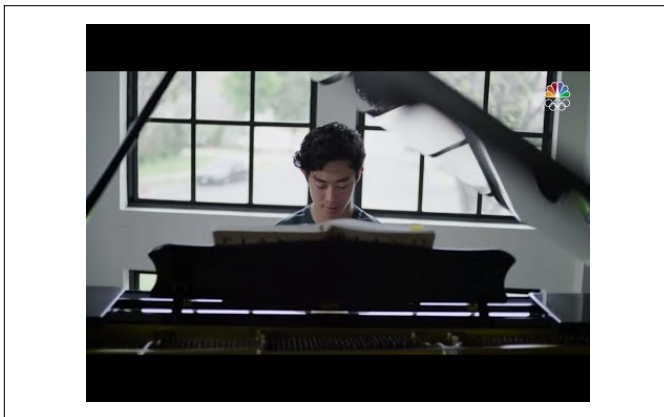
Biography

Gold Medal Olympic figure skater Nathan Chen is setting records and redefining men's figure skating, one extraordinary win at a time. With his inspiring performances at the 2022 Winter Olympics, Chen cemented his position as 'Quad King' - landing multiple quadruple jumps in both his programs and setting Olympic records. Starting on the ice at age 3, he built an impressive competitive resume, and in 2017 he became the youngest man to win the U.S. Championship in more than five decades. Chen has earned numerous titles, winning three World Championships, six Grand Prix events, two Grand Prix Finals, and six U.S. titles, with flawless technique, fearless programs, and exuberant performances. With his second trip to the Olympics, Chen is the first Asian American man to win an Olympic title, and the first Asian American male skater to win U.S., World, and Olympic titles. An expert on developing a winning mindset, Chen offers insights about cultivating focus, harnessing the power of positive self-talk, and enjoying the moment, that have a major impact on audiences of all kinds.

Chen has been featured in GQ, Vox, The New York Times, The New

Yorker, Teen Vogue, Forbes, and many more. Following his historic win, Chen thanked figure skating legend Michelle Kwan for being a role model and dedicated his gold medal to his mother for “her never-ending support.” In addition to accolades on the podium, he was named the 2019 Team USA Male Olympic Athlete of the Year, and was included on Forbes’ 2019 “30 Under 30: Sports” list. In captivating conversations, Chen shares his strategies for overcoming obstacles and his triumphant journey to winning Olympic gold.

Videos



Nathan's Topics

What it Takes to Win Gold

In this memorable moderated conversation, Gold Medal figure skater Nathan Chen shares his journey to the 2022 Winter Olympics, where he won a record-breaking and historic Gold Medal. Chen offers riveting insights from his impressive competitive career as he continues to redefine men's figure skating, captivating audiences of all kinds.

Available: In person, Virtually

The Champion's Mindset

Gold Medalist and repeat World Champion figure skater Nathan Chen lets the audience in on how he has developed a champion's mindset in this inspiring moderated conversation. Chen shares practical takeaways for cultivating focus, harnessing the power of positive self-talk, and enjoying the moment that will have a major impact with individuals and organizations looking to fulfill their potential and achieve big goals.

Available: In person, Virtually

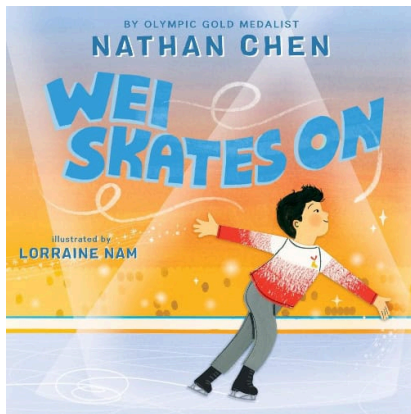
Testimonials

“

It was incredible to host Nathan Chen and share his Olympic journey at our annual users conference. The interview was seamless, and all our attendees loved the meet & greet.

O.C. Tanner

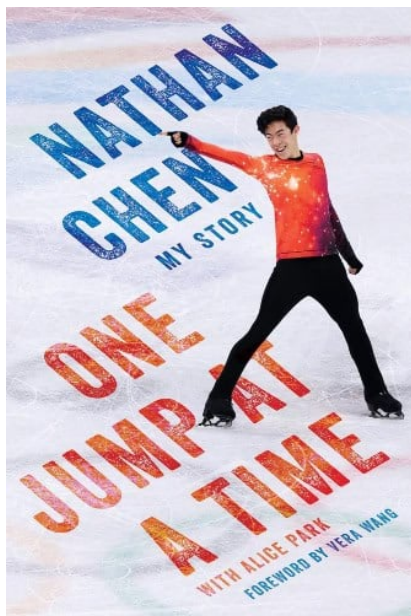
Books



Wei Skates On

Olympic gold medalist and three-time World Champion Nathan Chen delivers an inspirational picture book about facing your fears and finding the joy in sports, no matter the outcome. Wei has loved ice-skating ever since his first visit to the rink. He loves gliding across the ice, taking flight on jumps, and moving with the music—there’s nothing else like it! But as Wei’s first big competition draws near, he begins to worry. He’s been training hard, but what if he doesn’t win? With help from Mom, can Wei find a way to handle his nerves? What would it feel like to skate without the pressure of winning? As the first Asian American man to win gold in figure skating, Nathan Chen is a celebrated role model for kids who want to shine on and off the ice. His uplifting message of positivity and perseverance makes this story the perfect choice for social emotional learning at home or in the classroom.

[BUY THE BOOK](#)



One Jump at a Time: My Story

In this exhilarating memoir, three-time World Champion and Olympic gold-medalist Nathan Chen tells the story of his remarkable journey to success, reflecting on his life as a Chinese American figure skater and the joys and challenges he has experienced—including the tremendous sacrifices he and his family made, and the physical and emotional pain he endured. When three-year-old Nathan Chen tried on his first pair of figure skates, magic happened. But the odds of this young boy—one of five children born to Chinese immigrants—competing and making it into the top echelons of figure skating were daunting. Chen’s family didn’t have the resources or access to pay for expensive coaches, rink time, and equipment. But Nathan’s mother, Hetty Wang, refused to fail her child. Recognizing his tremendous talent and passion, she stepped up as his coach, making enormous sacrifices to give Nathan the opportunity to compete in this exclusive world. That dedication eventually paid off at the 2022 Olympic Games in Beijing, where Chen—reverently known as the “Quad King”—won gold, becoming the first Asian-American man to stand at the highest podium in figure skating. In this moving and inspiring memoir Chen opens up for the first time, chronicling everything it took to pursue his dreams. Bolstered by his unwavering passion and his family’s unconditional support, Chen reveals the most difficult times he endured, and how he overcame each obstacle—from his disappointment at the 2018 Olympic Games, to competing during a global pandemic, to the extreme physical and mental toll the sport demands. Pulling back the curtain on the figure skating world and the Olympics, Chen reveals what it was really like at the Beijing Games and competing on the US team in the same city his parents had left—and his grandmother still lived. Poignant and unfiltered, told in his own words, *One Jump at a Time* is the story of one extraordinary young man—and a testament to the love of a family and the power of persistence, grit, and passion. This memoir includes 16 pages of color photographs.

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✔ **Recommended**



Speaking Agency