

Mike Robbins

AUTHOR · SPORTS PERSONALITY

Well-known motivational keynote speaker and an expert in emotional intelligence



VISIT MIKE'S WEBSITE

About:

- **Gender:** Male
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

Engagement Types:

- Speaking

Topics:

- Leadership & Management
- People & Culture
- Team Leadership
- Workplace Psychology

Biography Highlights

- **Renowned Author:** Authored five influential books, including *Focus on the Good Stuff* and *We're All in This Together*, translated into fifteen languages.
- **Leadership Expert:** Delivers keynotes and seminars on teamwork, leadership, and emotional intelligence to top organizations like Google, Microsoft, and Harvard University.
- **Former Professional Athlete:** Drafted by the Kansas City Royals and played three seasons before transitioning to a successful career in consulting and speaking.

Biography

Mike Robbins: Championing Authenticity and Appreciation in Leadership

Mike Robbins is the author of five books, *Focus on the Good Stuff*, *Be Yourself Everyone Else is Already Taken*, *Nothing Changes Until You Do*, *Bring Your Whole Self to Work* and *We're All in This Together*. He's an expert in leadership, team performance, and company culture who delivers keynotes and seminars around the world that empower people,

Websites:

- [Website](#)

leaders, teams, and organizations to be more successful.

Prior to his speaking and writing career, Mike was drafted by the New York Yankees out of high school, but turned them down and chose to play baseball at Stanford University where he pitched in the College World Series. After college, Mike signed with the Kansas City Royals. He played three seasons in the Royals organization before arm injuries ended his playing career while he was still in the minor leagues.

After his athletic career was cut short by injuries, Mike worked in sales and business development for two tech companies, before starting his own consulting business in 2001.

Mike's clients include some of the top organizations and institutions in the world, such as Google, Wells Fargo, eBay, Gap, Microsoft, Schwab, Airbnb, the Oakland A's, Harvard University, Coca-Cola, and many others.

Mike and his work have been featured on NPR, ABC News, the Oprah radio network, and in Fast Company, the Wall Street Journal, and The New York Times. He's a regular contributor to Forbes, hosts a weekly podcast, and his books have been translated into fifteen different languages.

Videos





Mike's Topics

We're All In This TOGETHER

Create a Team Culture of High-Performance, Trust, and Belonging

Team culture is essential to success. In this program, which is based on the 20 years of research and experience Mike Robbins has done with high-performing teams, the four pillars of his new book, *We're All in This Together*, as well as his background as a college and professional baseball player, he teaches people, leaders, and team how to come together, overcome adversity, and perform at their best – especially in challenging times.

This Program:

- Teaches people how to enhance authenticity and psychological safety
- Illustrates specific ways to increase inclusion and belonging
- Shows how appreciation positively impacts both morale and productivity
- Encourages people to address conflicts and embrace feedback in an empowering way
- Challenges team members to care about and push each other in productive ways that bring out everyone's best

Available: In person, Virtually

Authentic LEADERSHIP

Inspire others and build trust by being yourself

Leadership can be challenging, especially in today's fast-paced, globalized world. Leaders with a strong sense of emotional intelligence (EQ), a willingness to be courageous and vulnerable, and the capacity to inspire others in a genuine way, have a distinct advantage. This program, which is based on the core principles of Mike Robbins' work and books, delves into practical ways for leaders to enhance their impact and effectiveness by leading with authenticity.

This Program:

- Teaches leaders how to connect at a deeper level with their teams and build real trust

- Exemplifies the importance of authenticity and even vulnerability
- Shows how appreciation positively impacts productivity, loyalty, and engagement
- Encourages leaders to be transparent in a way that's both liberating and inspiring
- Teaches leaders key elements for enhancing their EQ

Available: In person, Virtually

Embracing CHANGE

Navigate Change, Lead Others, and Take Ownership

Change is inevitable, especially in today's business world. The one constant in the midst of all of the change, stress, and uncertainty we face at work and in life is us. When we take ownership and responsibility for our experience, we not only make it easier to navigate the changes we face, we can empower ourselves and those around us to be successful, regardless of the circumstances. This program, which is based on the core principles of Mike Robbins' work and research, illustrates how individuals, leaders, and teams can navigate change effectively and thrive in the process.

This Program Teaches People To:

- Take ownership and responsibility in an empowering way
- Enhance their emotional intelligence (EQ)
- Deal effectively with change and uncertainty
- Have more compassion for themselves and others
- Inspire the people and culture around them in a positive way, regardless of what's going on

Available: In person, Virtually

Testimonials

“

Mike Robbins is a trusted advisor and has had a very positive impact on me personally, as well as on our leaders and our culture.

Dheeraj Pandey

CEO, DevRev and Co-Founder
Nutanix

“

Mike Robbins helps unlock the greatness in teams by teaching specific tools for authentic connection, giving and receiving essential feedback, and challenging each other in a way that brings out the best in everyone.

Amy Brooks

President, New Business Ventures
NBA

“

I've partnered with Mike Robbins for many years. His approach and ideas have had a powerful impact on me and our organization.

Keith White

Chief of Safety and Security
Salesforce

“

Mike Robbins has a unique ability to open people's minds, touch their hearts, and teach valuable lessons about life and business. I have personally benefited from his work, as have so many of the people on my team.

Jack Calhoun

Former President
Banana Republic

“

With his signature wisdom, candor, and care, Mike proves that work is like all our most important relationships: our experience and outcome is transformed when we stop pretending to be who we think we should be, and start showing up as who we really are.

Glennon Doyle

Author of the #1 New York Times bestseller UNTAMED and Founder
Together Rising

“

Mike Robbins has a great style and unique perspective. The principles he teaches have helped me and our executive leadership team at eBay.

Devin Wenig

Former President and CEO
eBay

“

Mike Robbins is an important thought leader for our times. He reminds us simultaneously to embrace and celebrate our diversity, and that we're way more alike than we are different.

Tim Ryan

Former U.S. Representative for Ohio's 13th District and author of A MINDFUL NATION

“

Mike Robbins is an amazing speaker! His powerful message resonates with our players, coaches, and front office staff, which is why we have invited him in to speak numerous times. He truly has helped us be a championship team.

Leilani Gayles

Former Chief People Officer, 2010, 2012, and 2014 World Series Champion
San Francisco Giants

“

Mike is a gifted storyteller and talented speaker. His talks on authentic leadership and appreciation, and his exercises to 'lower the waterline' and build trust have been incredibly effective to both my management team as well as an international audience of 600. I have consistently received rave reviews from colleagues on Mike's various efforts within Google.

Alan Moss

Former VP of U.S. Sales
Google

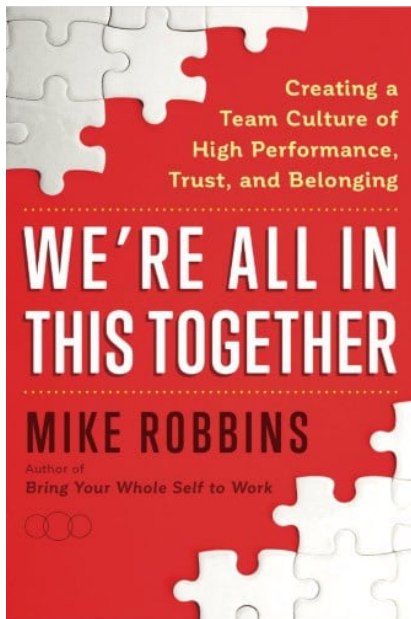
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Mike Robbins gave each of the 1,600 people within our group tips and techniques for enhanced success – individually and collectively. We are grateful for the positive impact he had on our team and our business.

John Montero

VP Human Resources
Wells Fargo Bank

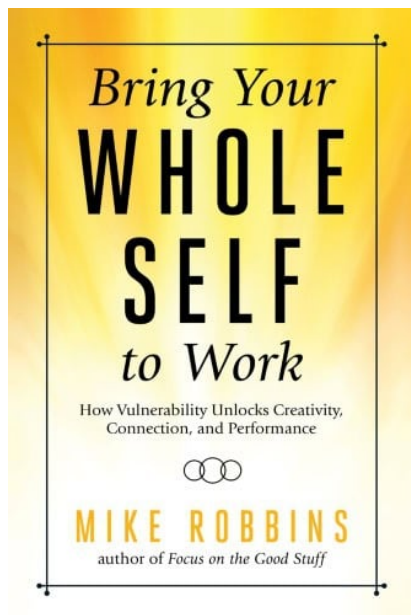
Books



We're All in This Together: Creating a Team Culture of High Performance, Trust, and Belonging

What makes a great team? Author, leadership expert, and corporate consultant looks at how businesses can build trust and achieve high performance. Have you ever been on a team where the talent was strong, but the team wasn't very good? On the flip side, have you ever been on a team where not every single member was a rock star, but something about the team just worked? We've all had these types of experiences. And yet, it can be difficult to understand what makes one team successful and another one not. In this book, Mike Robbins dives deep into the ways great businesses build trust, collaborate, and operate at their peak level. As an expert in teamwork, leadership, and emotional intelligence, Mike draws on more than 20 years of experience working with top companies like Google and Microsoft, as well as his baseball career with the Kansas City Royals. And, while each team and organization have their own unique challenges, goals, and dynamics, there are some universal qualities that allow teams to truly come together and thrive. The book's core principles include fostering an environment of psychological safety, fostering inclusion and belonging, addressing and navigating conflict, and maintaining a healthy balance of high expectations and empathy. Throughout, Mike shares powerful exercises and tools he's successfully utilized in the keynote speeches, group sessions and corporate retreats that he delivers, so that you and your team can communicate more authentically, give and receive feedback with skill, and create deeper connections. We're All in This Together also features personal stories and interviews with high-level business leaders and thought leaders to provide insights into an ever-changing workplace culture.

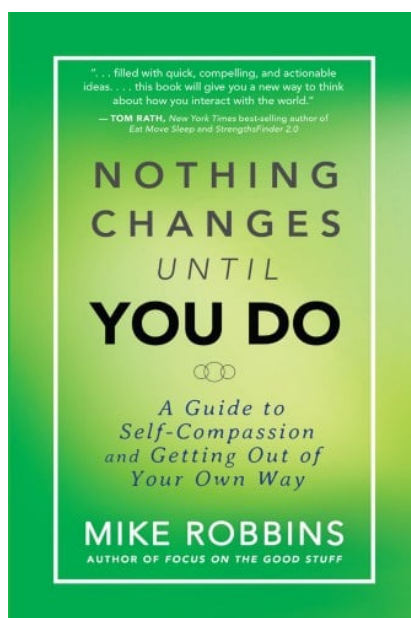
[BUY THE BOOK](#)



Bring Your Whole Self To Work: How Vulnerability Unlocks Creativity, Connection, and Performance

In today's work environment, the lines between our professional and personal lives are blurred more than ever before. Whatever is happening to us outside of our workplace—whether stressful, painful, or joyful—follows us into work as well. We may think we have to keep these realities under wraps and act as if we “have it all together.” But as Mike Robbins explains, we can work better, lead better, and be more engaged and fulfilled if—instead of trying to hide who we are—we show up fully and authentically. Mike, a sought-after motivational speaker and business consultant, has spent more than 15 years researching, writing, and speaking about essential human experiences and high performance in the workplace. His clients have ranged from Google to Citibank, from the U.S. Department of Labor to the San Francisco Giants. From small start-ups in Silicon Valley to family-owned businesses in the Midwest. From what he's seen and studied over the years, Mike believes that for us to thrive professionally, we must be willing to bring our whole selves to the work that we do. Bringing our whole selves to work means acknowledging that we're all vulnerable, imperfect human beings doing the best we can. It means having the courage to take risks, speak up, have compassion, ask for help, connect with others in a genuine way, and allow ourselves to be truly seen. In this book, Mike outlines five principles we can use to approach our own work in this spirit of openness and humanity, and to help the people we work with feel safe enough to do the same, so that the teams and organizations we're a part of can truly succeed.

BUY THE BOOK

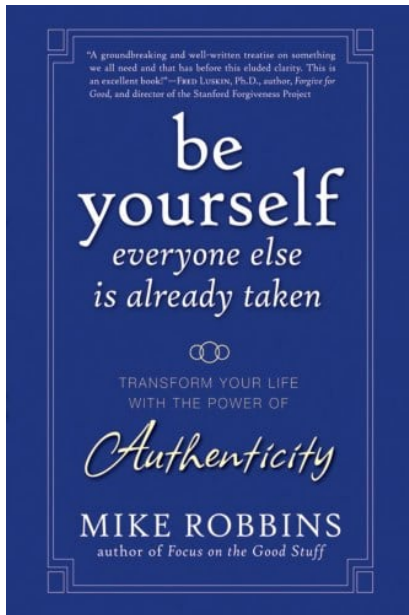


Nothing Changes Until You Do: A Guide to Self-Compassion and Getting Out of Your Own Way

After three years of living his dream as a professional baseball pitcher, Mike Robbins had an arm injury that benched him for good, and when this happened, everything changed. He had to figure out who he was without the identity of “baseball player”—a process fraught with emotional highs and lows—and he quickly realized that the self-criticism and self-doubt he was feeling are in fact epidemic in our culture. Too often we base our value on our external world—our jobs, finances, appearance, or various other factors. Even the most successful people struggle with their relationship with themselves. In *Nothing Changes Until You Do*, Mike looks at this delicate relationship and brings to light a new way to look at life, opening your eyes to your innate value. These 40 inspiring essays, which are real tales from Mike's own life and the lives of his clients, boil down some of the most important lessons Mike has learned on his own personal journey—and as he's traveled throughout the country for over a decade speaking to groups of all kinds. With themes spanning from the importance of trusting yourself to the benefits of vulnerability to the strength inherent in embracing change, this book shows you how to get out of your own way and make peace with yourself. With humor, authenticity, and ease, Mike illustrates that with a little self-compassion and a healthy dose of self-acceptance, anyone can turn away from the negatives that manifest because of a critical self-perception—things like unkindness, insecurity, addictions, sabotaged relationships, unnecessary drama, and more. Making peace with yourself is fundamental to happiness and success. So join Mike and learn to have more compassion, more

acceptance, and more love for yourself—thus giving you access to more compassion, more acceptance, and more love for the people (and everything else) in your life.

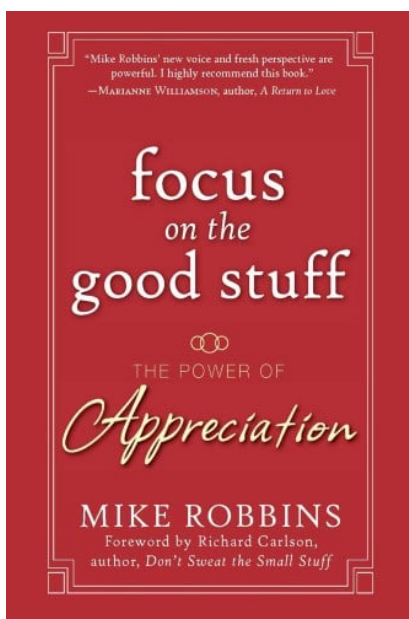
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Be Yourself, Everyone Else is Already Taken: Transform Your Life with the Power of Authenticity

Praise for *Be Yourself, Everyone Else is Already Taken* "Mike's book is a wonderful expression of authenticity in action—clear, honest, instructive, and a passionate call to be your true Divine Self." —Cheryl Richardson, New York Times best-selling author, *Take Time for Your Life* "Mike Robbins provides a clear guide for intelligently and compassionately coming face-to-face with yourself and loving the person you meet. His five principles of authenticity teach us how to embrace and celebrate all aspects of who we are and what it means to be a spiritual being having a human incarnation." —Michael Bernard Beckwith, author, *Spiritual Liberation* "Be Yourself, Everyone Else is Already Taken is an empowering and refreshing book about how to be successful, real, and fulfilled in life. I highly recommend it." —Gay Hendricks, New York Times best-selling author, *Five Wishes* "Mike Robbins has written a powerful, down-to-earth, and insightful book on one of the most important aspects of happiness and fulfillment in life—authenticity. *Be Yourself, Everyone Else Is Already Taken* will give you tools and techniques to enhance your life and relationships in a profound way." —Marci Shimoff, New York Times best-selling author, *Happy for No Reason* "Be Yourself, Everyone Else Is Already Taken reminds us that God created each one of us for a unique purpose. We live in a world where the lines between fake and real have blurred. This powerful book teaches you how to access and express the realness you crave in your work, your relationships, and yourself." —Jon Gordon, author, *The Energy Bus*

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Focus on the Good Stuff: The Power of Appreciation

The author and professional coach teaches readers to find greater happiness through gratitude in this book of personal stories and practical advice. Before he became a successful author and professional coach, Mike Robbins was a professional baseball player. But at twenty-three years old, he suffered an injury that ended his promising career as a pitcher. Instead of quitting, Mike took stock of the good things in his life and began a new path. In *Focus on the Good Stuff*, Mike offers a step-by-step program with exercises for overcoming negative influence and obstacles, creating a truly grateful approach to life, and establishing an environment that can support success and peace of mind. Filled with passion, authenticity, and humor, this guide will teach you to move beyond the cycle of negativity and discover the happiness you deserve.

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