



Matthew Pinsent

OLYMPIC ATHLETE · SPORTS PERSONALITY

Four-Time Olympic Champion, Broadcaster, and Inspiring Speaker



VISIT MATTHEW'S WEBSITE

About:

- **Gender:** Male
- **Nationality:** United Kingdom
- **Languages:** English
- **Travels from:** United Kingdom

Engagement Types:

- After Dinner Engagement
- Speaking

Topics:

- Health & Wellbeing
- Leadership & Management
- Mindfulness & Resilience
- Team Leadership

Biography Highlights

- **Legendary Olympian:** Secured four gold medals across the 1992, 1996, 2000, and 2004 Olympic Games alongside Sir Steve Redgrave.
- **Broadcasting Career:** Works with the BBC as a sports presenter, commentator, and documentary director, covering major events like the Olympics and Henley Royal Regatta.
- **Engaging Speaker:** An accomplished motivational and corporate speaker, partnering with leading brands such as IBM, NatWest, and BT.

Biography

Sir Matthew Pinsent CBE, 4-time Olympic gold medallist, 10-time world championship winning rower, turned TV presenter and reporter.

Matthew began rowing when he was President of the Oxford Rowing Club during his time at University. He took part in the Oxford and Cambridge Boat Race in 1990 and 1991, and lead Oxford to Victory, beating Cambridge by substantial distances.

In 1992, Pinsent won the Gold Medal at the Barcelona Olympics with partner Sir Steve Redgrave, this was the beginning of a long partnership

Websites:

- [Website](#)

as the outstanding pair took winnings at seven World Championships, and gold medals at the Olympic Games in 1992, 1996, 2000 and 2004.

In August 2000, Pinsent took part in a 3-part BBC documentary entitled Gold Fever. This followed the coxless four team made up of Redgrave, James Cracknell and Tim Foster, in the years leading up to the Olympics.

After the 2000 Sydney win, Matthew formed Coxless Pair partnership with James Cracknell. Undefeated throughout 2001, they broke the world record by 4 seconds.

Matthew was elected to the International Olympic Committee's Athletes' Commission in 2001.

Matthew announced his retirement from rowing in 2004 and was made a Knight Bachelor later that year. He had already been appointed a Member of the Order of the British Empire and was raised to Commander. He was awarded the coveted 'Thomas Keller Medal' by the International Rowing Federation in 2005.

Since retiring from rowing, Matthew has worked for the BBC as a sports bulletin presenter and reporter. Umpiring & commentating key events on the rowing calendar such as the Olympics, Henley Royal Regatta and The Boat Races. Pinsent also directed "Unbelievable - The Chad Le Clos Story", a documentary following swimmer Chad Le Clos.

In June 2012, Matthew rowed on the Gloriana as part of the royal pageant for the Diamond Jubilee of Elizabeth II. He appeared again on the Gloriana the following month, bearing the Olympic torch as it crossed the river Thames.

Matthew is an outstanding motivational speaker and after dinner speaker. He has appeared at corporate events for some of the most prestigious UK & International companies such as Proctor & Gamble, IBM, British Telecom, NatWest, Camelot and Lombard.

Videos





Matthew's Topics

Winning and Success

Available: Virtually

Testimonials

“

Matthew's speech was excellent and extremely motivational. He commanded the stage and captivated the audience. I would like to use him for every conference.

IBM

“

Our thanks for your professional and inspirational contribution to our conference, the combination of your team and individual achievements was entirely appropriate and hit all the right notes.

Alliance & Leicester

Speaker Bureaus And Talent Agencies

Matthew Pinsent is available to book via these agencies



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