



Jana Kramer

AUTHOR · CELEBRITY

Embracing Resilience, Sharing Stories: Jana Kramer, Inspiring Strength Through Life's Challenges



VISIT JANA'S WEBSITE

About:

- **Gender:** Female
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

Engagement Types:

- Speaking

Topics:

- Motivation and Inspiration

Websites:

- [Website](#)

Biography Highlights

- Actress and ACM Award-Winning Country Singer
- Entrepreneur and Co-Founder, Moms and Babes Box
- New York Times Bestselling Author
- Host, 'Whine Down with Jana Kramer' Podcast

Biography

Actress, entrepreneur, and *New York Times* bestselling author Jana Kramer is **beloved by her fans for her honest vulnerability**. She is best known for her TV appearances in *One Tree Hill*, *Friday Night Lights*, *90210*, and *Entourage*. Kramer regularly stars in films such as 20th Century Fox's *Heart of the Country*, Hallmark Channel's *Love at First Bark*, and Lifetime's *Christmas in Mississippi*. A multi-hyphenate creative, Kramer's musical career took off with her eponymous debut album, *Jana Kramer*. Seven of her singles charted on Hot Country Songs and Country Airplay. She won the Academy of Country Music's "New Female Vocalist of the Year" award for her work.

In 2019, Kramer launched her award-winning iHeartRadio podcast, ***Whine Down with Jana Kramer***, where she shares advice on love, life, and more. **Audiences connect with the candid but uplifting**

Podcasts:

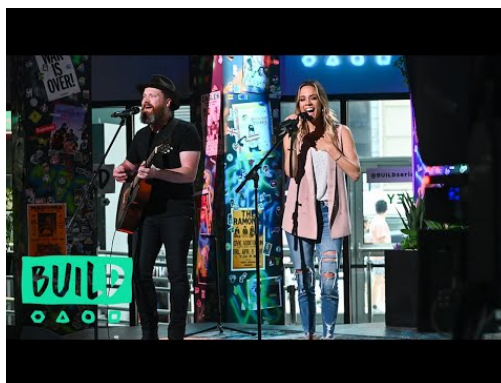
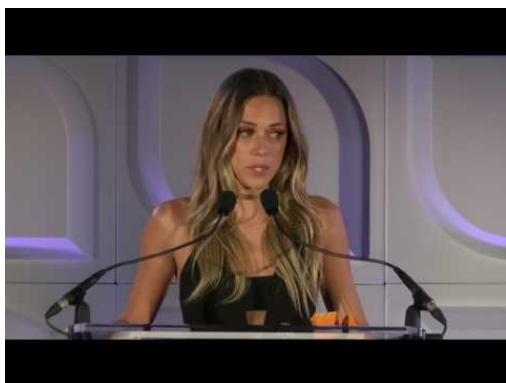


[Whine Down with
Jana Kramer](#)

transparency she carries through her work. Authenticity, vulnerability, and care are all central to her *New York Times* bestseller, ***The Good Fight: Wanting to Leave Choosing to Stay, and the Powerful Practice for Loving Faithfully*** and latest book, ***The Next Chapter: Making Peace with Hard Memories, Finding Hope All Around Me, and Clearing Space for Good Things to Come***. Drawing on her personal relationships and experiences, **Kramer provides spiritual guidance and practical advice to audiences worldwide.**

Kramer's wonderful stage presence, authenticity, and ability to connect with the crowd leaves audiences dazzled at every engagement.

Videos



Jana's Topics

Real Talk with Jana Kramer

Actress, ACM award-winning country music singer, and *New York Times* bestselling author JANA KRAMER is lauded for her transparency, vulnerability, and honesty. Her earnesty builds the unique speaking style which rocketed her award-winning podcast, *Whine Down with Jana Kramer*, to the top of the charts. At her live engagements, Kramer speaks on the adversities she has faced and leaves audiences with a roadmap for improvement. In this talk, Kramer shares her story to explore how faith and family contribute to a beautiful, modern life.

Available: In person, Virtually

Author Talk: 'The Next Chapter'

New York Times bestselling author JANA KRAMER's *The Next Chapter: Making Peace with Hard Memories, Finding Hope All Around Me, and Clearing Space for Good Things to Come* is a culmination of her work as a writer, mother, and woman. In this book talk, she lays bare the realities of finding independence, maintaining faith, supporting community, and navigating setbacks.

Available: In person, Virtually

Books

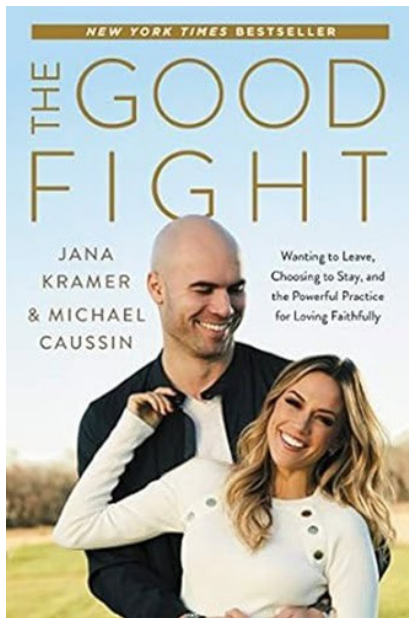


The Next Chapter: Making Peace with Hard Memories, Finding Hope All Around Me, and Clearing Space for Good Things to Come

Memoirs and Autobiographies, Self Help, Motivational & Inspirational

The Next Chapter is Jana Kramer's intimate and moving account about setting her life back on the right path after her sudden divorce. Chronicling the year that follows, Jana relives personal stories of early traumas and past relationships, and with raw honesty she shares topics dear to her heart and music, including hearing God, loving oneself, navigating setbacks, female friendships, grief, and motherhood. As she grapples with questions such as: Am I doing this right? Is this the truest truth? Is there more to life than this? she finds and tells a story of freedom and redemption. Relatable to anyone who has walked a road of change, heartbreak, or grief, readers will be encouraged by the wisdom Jana finds in that distinct and critical transition from chaos to clarity, as she plants seeds for her future to begin the next chapter of her life. Personal and profound, The Next Chapter is about being truly alone for the first time, and the road traveled from heartbreak, pain, and anger to forgiveness, confidence, and peace.

[BUY THE BOOK](#)



The Good Fight: Wanting to Leave, Choosing to Stay, and the Powerful Practice for Loving Faithfully

Self Help, Motivational & Inspirational

Jana Kramer and Michael Caussin explore the raw and real moments of their marriage—what it means to love, to fight, and to sincerely forgive—with spiritual guidance and practical advice for anyone seeking stronger, more fulfilling love. From the beginning, Mike and Jana had the kind of everyday arguments that drive even the happiest couples apart. Money, careers, insecurity, jealousy...And then kids, infidelity, addiction, and growing walls around their individual hearts. Many people would have separated. But Jana and Mike discovered something invaluable: While fighting under the worst possible circumstances, they learned how to fight for each other with respect, kindness, humor, and faith. In *The Good Fight*, Jana and Mike walk readers through the details of the most complicated fights of their past. They show readers how they've communicated, prayed, forgiven, and radically embraced each other to live their happiest, most fulfilling lives possible, and offer lessons anyone—married, dating, single—can use to give and receive lasting love.

[BUY THE BOOK](#)

Speaker Bureaus And Talent Agencies

Jana Kramer is available to book via these agencies

✓ **Recommended**



Speaking Agency