

Ed Mylett

AUTHOR · ENTREPRENEUR/FOUNDER

World-Class Entrepreneur and Life & Business Strategist



VISIT ED'S WEBSITE

About:

- **Gender:** Male
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

Engagement Types:

- Event Hosting
- Moderating and Emcee
- Speaking

Topics:

- Business Strategy & Growth
- Corporate Wellness Programs
- Innovation & Digital Transformation
- Leadership & Management
- Motivation and Inspiration
- Peak Performance
- Personal Development

Biography Highlights

- Bestselling Author of '#Max Out Your Life' and 'The Power of One More'
- Podcast Host, 'The Ed Mylett Show'
- One of Forbes' "50 Wealthiest Under 50"

Biography

Globally recognized entrepreneur, bestselling author, and performance coach Ed Mylett is an expert at inspiring his audiences to live life at the highest level. Mylett began his career in the financial services industry, achieving incredible success that earned him a place on Forbes' "50 Wealthiest Under 50" list. He has expanded his portfolio into technology, real estate, health, food & nutrition, and more. Mylett describes himself as a "team-made millionaire," and a glowing profile in Forbes describes his "passion for mentoring and coaching others on what it takes to become a champion in all areas of life."

Ed is the bestselling author of #MaxOut Your Life, which offers no-nonsense, step-by-step strategies to become an elite performer, and his latest book *The Power of One More: The Ultimate Guide to Happiness and Success*. His online audience has grown to more than 3M followers in a few short years, and his weekly podcast *The Ed Mylett Show* features diverse thought leaders and peak performers including Megyn Kelly, Barbara

Websites:

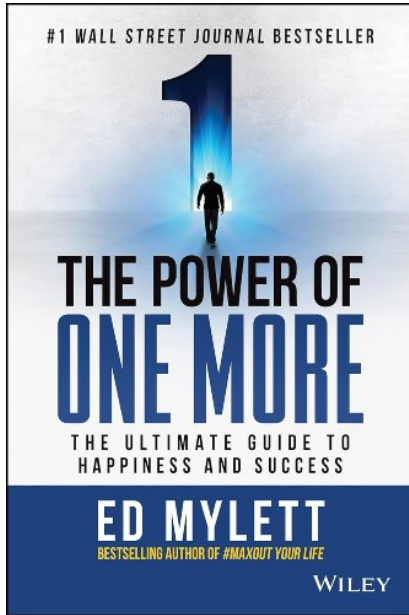
- [Website](#)

Corcoran, Martin Luther King III, Vivica A. Fox, and many more. In his books, podcast, and speaking events - which range from intimate gatherings to mega-venues of 50K attendees to online audiences of hundreds of thousands - Mylett offers high-octane inspiration and actionable, motivational takeaways engineered to make a major impact.

Videos



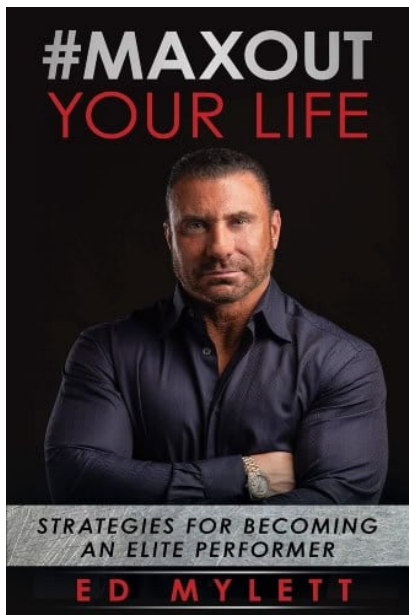
Books



The Power of One More: The Ultimate Guide to Happiness and Success

You're one more intentional thought and action away from discovering your best life. In *The Power of One More*, renowned keynote speaker and performance expert Ed Mylett draws on 30 years of experience as an entrepreneur and coach to top athletes, entertainers, and business executives to reveal powerful strategies to help you live an extraordinary "one more" life. In *The Power of One More*, you'll: Learn why you're closer to your dreams and goals than you think and why using *The Power of One More* strategies will help you cross the finish line in whatever race you're running. Understand the psychology and science of how to use *The Power of One More* in every part of your life to help you solve problems and achieve levels of success you never thought possible. Discover time-tested and unique solutions to challenges that will remove the mental roadblocks you've been battling for years. Perfect for anyone who wants more bliss, wealth, or better relationships, *The Power of One More* is an indispensable roadmap to realizing and exceeding your personal and professional goals by tapping into the superpowers and gifts you already have inside you.

[BUY THE BOOK](#)



#MaxOut Your Life : Strategies for Becoming an Elite Performer

"Let's take a look at Ed Mylett, who's one of the best business leaders, peak performance experts, and motivational speakers in the world. Ed has a passion for mentoring and coaching others on what it takes to become a champion in all areas of life." – Inc.com. A no-nonsense, step-by-step strategy guide to #MAXOUT Your Life and become an elite performer. #MAXOUT YOUR LIFE is for those that are serious about achieving their highest levels of life, and evolving into the best version of themselves. Strategies for: 1. Creating Strong Habits and Rituals 2. What is the RAS & How to Program 3. Raising and Shifting Your Identity 4. How to Truly Build Self Confidence 5. Elevating Your Physical Body 6. Goal Setting Strategies 7. Developing Your Will to Win. Become the ultimate and best version of you. The YOU that you were BORN TO BE.

[BUY THE BOOK](#)

Speaker Bureaus And Talent Agencies

Ed Mylett is available to book via these agencies

 **Recommended**

EXCLUSIVE



Speaking Agency