



Dr Geoffrey Mount varner

BUSINESS LEADER

America's Decisions Expert | ER Physician Turned Executive Decision Coach



VISIT DR GEOFFREY'S WEBSITE

About:

- **Gender:** Male
- **Nationality:** United States
- **Languages:** English
- **Travels from:** United States

Engagement Types:

- Executive Training
- Speaking

Biography Highlights

- 40+ years as an ER physician making split-second, life-or-death decisions — now teaching executives and leaders to do the same under pressure.

Biography

For over 40 years, Dr. Geoffrey Mount Varner has worked as an ER physician, making split-second decisions where the cost of hesitation was measured in lives, not dollars.

Along the way, he faced his own high-stakes decisions — surviving cancer three times through 114 medical appointments in 18 months. That experience shaped everything he now teaches: that clarity, speed, and confidence aren't personality traits — they're skills anyone can build under pressure.

Today, known as America's Decisions Expert, Dr. Geoffrey works with executives, healthcare leaders, and high-performing teams — bringing ER-tested frameworks into boardrooms, keynotes, and leadership programs. He is the author of *Fast Decisions: Think Fast, Be Bold, Be Fearless* and *Training Your Mind for Split-Second Decisions*.

His mission is simple: help leaders decide faster, act bolder, and win when

Websites:

- [America's Decisions Expert is the official platform of Dr. Geoffrey Mount Varner, MD, MPH — featuring ER-tested decision-making frameworks, keynote speaking topics, books, and free resources designed to help executives and high-performance leaders think fast, act boldly, and make confident decisions under pressure.](#)

it matters most.

Videos



Articles



Why the Best Leaders Decide Fast
Even When They're Not 100% Certain



What to Look for When Booking a
Decision-Making Keynote Speaker

Dr Geoffrey's Topics

Fast Decision-Making: Think Fast, Act Bold, Win Under Pressure

Drawing on 40+ years as an ER physician, Dr. Geoffrey Mount Varner reveals the split-second decision-making frameworks that saved lives in the emergency room — and shows executives and leaders how to apply the same clarity and speed to high-stakes business decisions. Audiences leave with a practical, repeatable system for cutting through hesitation and acting decisively when it matters most.

Decision-Making Under Pressure: ER Lessons for Executives

In the ER, hesitation costs lives — in leadership, it costs opportunities. Dr. Geoffrey breaks down what actually happens to the brain under pressure, and teaches proven techniques from emergency medicine for staying clear-headed, decisive, and effective when stakes are highest. A must-hear talk for leaders navigating crisis, change, or high-stakes negotiations.

Decision Confidence & Execution: Stop Overthinking, Start Leading

Confidence isn't born — it's built. Dr. Geoffrey shares how he built unshakable decision-making confidence through thousands of life-or-death calls in the ER, and translates that into a framework anyone can use to stop overthinking, trust their judgment, and execute boldly. Ideal for leadership teams, sales organizations, and anyone ready to move from hesitation to action.