



Dr David Patton

AUTHOR

Associate Professor in Criminology, Author and Keynote Speaker



About:

- **Gender:** Male
- **Languages:** English
- **Travels from:** United Kingdom

Engagement Types:

- Speaking

Topics:

- Corporate Social Responsibility
- Geopolitical Impact
- Leadership & Management
- People & Culture

Biography Highlights

- Dr David Patton's research offers a fresh and hopeful approach through which we can overcome negative life events and cultivate life of meaning and human flourishing

Biography

Meet Dr David Patton

Dr Patton is an Associate Professor in Criminology at the University of Derby's Social, Cultural and Legal Research Centre. He is an international keynote speaker and has presented his research at the United Nations. His work is published in many leading international journals.

Dr David Patton's research draws upon the lived experience of people recovering from addiction and rehabilitating from offending histories to co-produce new visions of how the criminal justice system and society can be radically transformed to promote human flourishing.

Through his work with individuals previously struggling with drug and/or alcohol addiction, Dr. David Patton challenges a prevailing myth in behavioural change psychology, showing that pain is not necessarily the primary motivator for transformation. Waiting for a range of painful life events or rock-bottom moments as the catalyst for motivating someone to

turn their life around often only creates more harm and suffering. Rather, a range of pull factors appear to propel a person forward to make sustained changes despite dire life circumstances. This work decentres the gaze from the individual to the societal and structural factors.

He is the Director of New Central Media, a knowledge hub that seeks to tell a different story by working with a range of 'vulnerable and marginalised' groups. At the heart of the approach at New Central Media is connection, collaboration, community, and creativity. What the works has uncovered is that the beliefs, values, and practices of these groups offer antidotes to societal ills relating to isolation, loneliness, individualism, competition, materialism and consumption to offer pathways toward well-being and an improved quality of life.

Dr Patton was a Senior Researcher at the University of Cambridge and has worked on projects funded by the Home Office, ESRC, NIHR and the Big Lottery Fund, as well as numerous local authority initiatives. He is currently developing an international series of local drug recovery evidence bases using Photovoice linked to Recovery Organisations. In this project, individuals in drug recovery use photography as a tool to offer others a glimpse into their journey, allowing them to showcase what strategies and practices are effective for them in their recovery journey.

In addition to being an academic and activist, he is also a Life Coach, MBTI (Myers Briggs) Personality and BELBIN team roles consultant and Interpersonal Conflict Mediator.

Videos





David's Topics

Antidotes to addiction

Levels of isolation, loneliness, burn out and mental health are escalating. Hear David share a range of antidotes, uncovered from analysing the beliefs, practices and values of those in addiction recovery, to negative, harmful and dysfunctional modern lifestyles.

What prisoner diaries reveal about the potential for a new type of society

Hear what David's analysis of the written diaries of 43 adult males who were serving life in prison revealed about the future self they hoped to be and the future society they desired to live in.

The Pull of Addiction Recovery

Hear how pain is not the best motivator for change but, rather how a range of factors can help pull a person from the grips of addiction to re-build a life of meaning, purpose and connection.

Testimonials

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Dr. David Patton is a distinguished speaker, based on my direct experience with his exceptional presentations at notable venues including events at the United Nations in Vienna and the Regional Forum on Addiction Recovery in Serbia, which I co-organised with Member States in the Balkans. Dr. Patton has consistently demonstrated an unparalleled ability to captivate and engage diverse audiences. His unique speaking style, which blends engaging storytelling with fascinating content,

not only informs but also inspires actionable change.

Mulka Nisic

Communications and Drug Policy Officer
EURAD

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Dr. David Patton was an invited speaker at the National Prevention Summit in Florida due to his profound expertise in recovery research illuminating the pathways to healing with compassion and insight. His dedication to empowering individuals on their journey towards wellness and through his talks is truly inspiring. A beacon of hope and wisdom in the field, Dr. Patton brings invaluable knowledge and empathy to every aspect of recovery.

Amy Ronshausen

Executive Director, Drug Free America Foundation, Inc.
President, World Federation Against Drugs

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We hired Dr David Patton to lead the GP Trainees' Conference as part of our GP Speciality Training Programme. He delivered an inspiring Myers-Briggs event with 29 of our trainee GP's. He helped delegates better understand their personalities and how to apply this understanding to better serve their patient communities. The training was highly impactful, engaging and informative.

Dr Stuart Vas

Lead
GP Specialty Training Programme

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It would be hard to find a better-informed speaker than Dr Patton, who can also deliver with personable warmth, charm and humour. We were absolutely delighted to have him as our Key Note Speaker at the launch of our Recovery Community and his contribution to the success of the event was notable, with people specifically commenting on the tremendous impact of his presentation.

Karen Shimwell

Recovery Programme Manager
Voluntary Action Rotherham

Speaker Bureaus And Talent Agencies

Dr David Patton is available to book via these agencies

✔ **Recommended**



Speaking Agency